

Mental Health and Addiction **Treatment for Teens**

Our Programs



Residential Treatment Center (RTC)

Evolve RTC supports teens who need 24/7 care and supervision for mental health, addiction or behavioral issues.



Partial Hospitalization Program (PHP)

Evolve PHP supports teens who live at home but struggle to maintain balance due to mental health, addiction or behavioral issues.



Intensive Outpatient Program (IOP)

Evolve IOP supports teens who live at home and attend school but need additional support for mental health, addiction or behavioral issues.



Alumni and Post-Treatment

Evolve provides a detailed transition plan to support and sustain teens in the months and years following discharge.



Education

Evolve creates an academic environment that caters to each teen's abilities, enabling students to pursue their individualized education goals while in treatment.



Additional Services

Evolve offers psychological assessment and neuropsychological evaluation, parenting support groups, psychoeducational classes and after-care coordination.



Unlock the wellspring of potential within.

Innovative treatment for adolescents 12-17 years old struggling with mental health, substance abuse or behavioral issues.



Treating Teens

Since no two teenagers are alike, no two treatment plans are alike. We get to know our teens and create an Individualized Recovery Plan that addresses specific individual needs, capitalizes on the strengths of each person and includes a full complement of integrative treatments:

- Individual, Group, and Family Therapy
- Dialectical Behavior Therapy (DBT)
- Cognitive Behavioral Therapy (CBT)
- Behavioral Activation
- Motivational Interviewing
- 12-Step Supports and/or SMART Recovery



Experiential Exploration

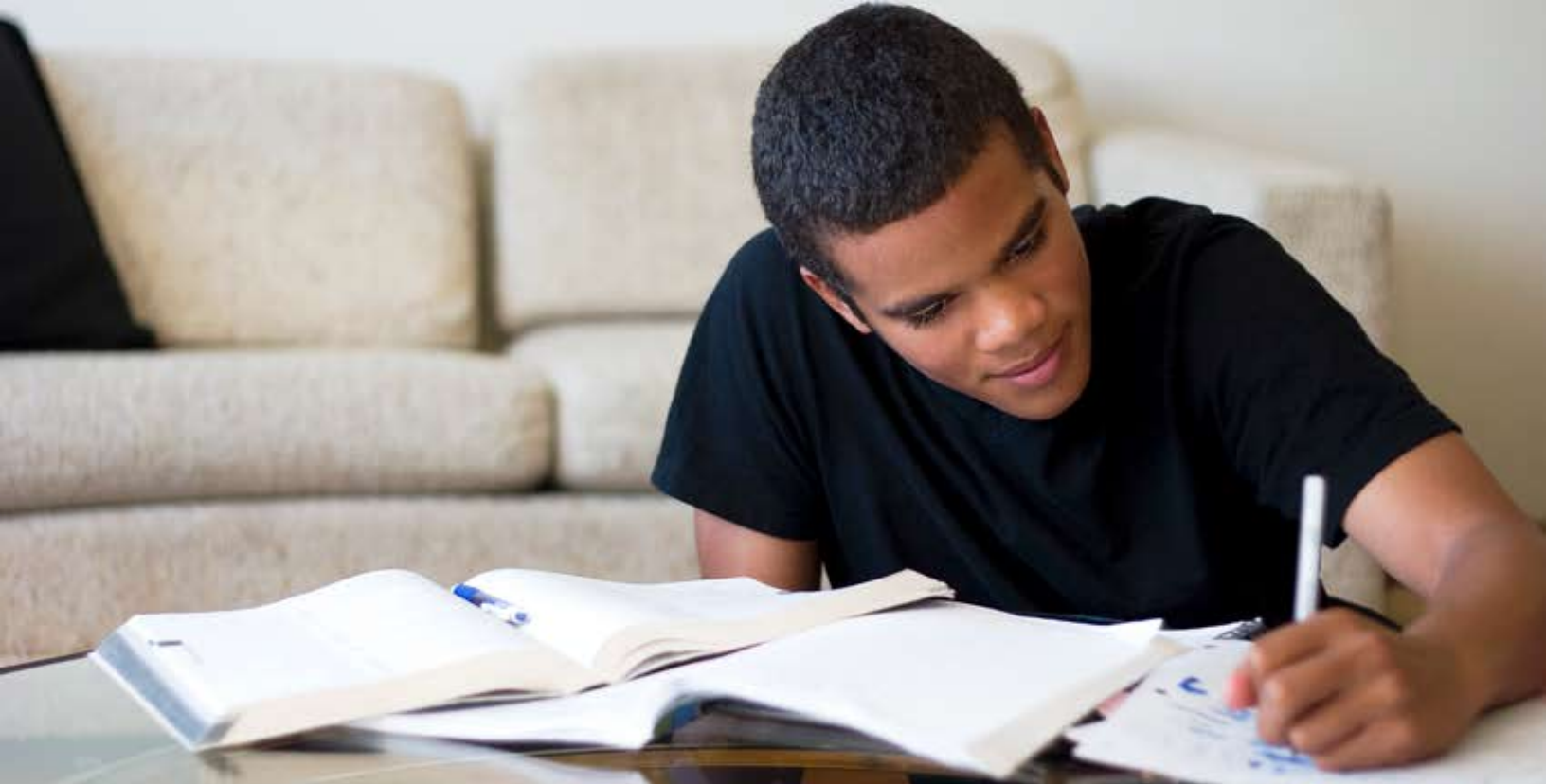
We integrate mind, body, and spirit with experiential approaches like drama, dance, equine therapy, boxing, meditation, and cooking. We empower teens to make positive choices and live life on their own terms.

- Music Therapy
- Art Therapy
- Equine Therapy
- Psychodrama
- Physical Fitness
- Culinary Arts
- Hiking
- Surfing
- Yoga and Meditation
- Gardening



The Evolve Team

Our team of highly trained mental health and addiction experts includes psychiatrists, nurses, licensed clinicians, certified recovery coaches, and residential counselors who bring a diverse and eclectic background to the treatment experience. We cultivate an authentic, compassionate, and caring environment where real change happens daily.



Insurance Accepted: We work with most private insurance companies on an in and out-of-network basis.

In-Network With:



We advocate on your behalf to maximize benefits at every level of care or can seek a single case agreement if needed.

Call our admissions team for a free verification of benefits.



Call us today for a free assessment

1-800-665-GROW



Locations

- **Agoura Hills, CA**
Residential Treatment
- **Calabasas, CA**
Residential Treatment
- **Danville, CA**
Residential Treatment
- **Encinitas, CA - Cole Ranch**
Residential Treatment
- **Encinitas, CA - Dove Song**
Residential Treatment
- **Gilroy, CA**
Residential Treatment
- **La Mesa, CA - Mount Helix**
Residential Treatment
- **Lafayette, CA**
Residential Treatment
- **Ojai, CA**
Residential Treatment
- **Sacramento, CA - Arden Oaks**
Residential Treatment
- **Tarzana, CA - Aura**
Residential Treatment
- **Tarzana, CA - Vanalden**
Comprehensive DBT Residential Treatment
- **Walnut Creek, CA**
Residential Treatment
- **Woodland Hills, CA**
Residential Treatment
- **Danville, CA**
PHP/IOP
- **San Diego, CA**
PHP/IOP
- **San Jose, CA**
PHP/IOP
- **Santa Barbara, CA**
PHP/IOP
- **Virtual**
PHP/IOP



Grow With Us

Mailing Address:

300 N Pacific Coast Hwy, Suite 2060,
El Segundo, CA 90245



Our Philosophy

Evolve Treatment Centers offer solution-focused, evidence-based programs that help teens envision and create a life worth living.



Grow With Us

Our goal is for teens to leave Evolve with the tools to live in balance with themselves, their families, and the world.



1-800-665-GROW
www.EvolveTreatment.com