

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|-------|----------------------------------|-----------------------------|---------------------------|---------------------------|--------------------------------|----------------------|--------------------------------------|
| 6:00 | WAKE UP | WAKE UP | WAKE UP | | | | WAKE UP |
| 6:30 | HYGIENE | BREAKFAST | HYGIENE | WAKE UP | WAKE UP | | HYGIENE |
| 7:00 | BREAKFAST | DIARY CARDS | BREAKFAST | BREAKFAST | BREAKFAST | | BREAKFAST |
| 7:30 | DIARY CARDS | FITNESS GROUP | DIARY CARDS | YOGA | GYM | WAKE UP | SURF 8:30-10:30 (leave @ 7:45) |
| 8:00 | NATURE WALK (return by 10:15) | | HYGIENE | | | EQUINE 9:00-11:00 | |
| 8:30 | | SCHOOL/ TX ASSIGNMENTS | DIARY CARDS | DIARY CARDS | DIARY CARDS | | |
| 9:00 | | ART THERAPY | SEEKING SAFETY | SKILLS APPLICATION | 12-STEP MEETING 10:00-11:30 | | |
| 9:30 | HYGIENE | HYGIENE | SCHOOL/ TX ASSIGNMENTS | THERAPEUTIC KNITTING | HYGIENE | | |
| 10:00 | LUNCH | LUNCH | LUNCH | LUNCH/ CHORES | LUNCH/ CHORES | | |
| 10:30 | CHORES | CHORES | CHORES | CHORES | CHORES | | LUNCH CHORES |
| 11:00 | CORE MINDFULNESS | INTERPERSONAL EFFECTIVENESS | EMOTION REGULATION | DISTRESS TOLERANCE | SCHOOL/ TX ASSIGNMENTS | WASH VAN | REC TIME |
| 11:30 | RECREATION TIME | RECREATION TIME | RECREATION TIME | RECREATION TIME | RECREATION TIME | OUTING 2:00-5:00 | FAMILY VISITING 2:00-5:00 |
| 12:00 | RELAPSE PREVENTION | TREATMENT PROGRESS | SCHOOL/ TX ASSIGNMENTS | MUSIC GROUP | ARTS & CRAFTS | | |
| 12:30 | SCHOOL/ TX ASSIGNMENTS | SCHOOL/ TX ASSIGNMENTS | SNACK | SNACK | SCHOOL/ TX ASSIGNMENTS | | |
| 1:00 | BEHAVIORAL ACTIVATION | SKILLS APPLICATION | SCHOOL/ TX ASSIGNMENTS | SCHOOL/ TX ASSIGNMENTS | LIFE SKILLS | | |
| 1:30 | DINNER CHORES | DINNER CHORES | DINNER CHORES | DINNER CHORES | DINNER CHORES | PHONE TIME | DINNER CHORES |
| 2:00 | PHONE TIME | PHONE TIME | PHONE TIME | PHONE TIME | PHONE TIME | MOVIE NIGHT | PHONE TIME |
| 2:30 | DRAMA GROUP | CBT | CREATIVE WRITING | CULTURE & IDENTITY | GAME NIGHT | | THERAPEUTIC KNITTING |
| 3:00 | | HYGIENE | HYGIENE | HYGIENE | HYGIENE | | HYGIENE |
| 3:30 | HYGIENE | LIGHTS OUT | LIGHTS OUT | LIGHTS OUT | LIGHTS OUT | LIGHTS OUT | LIGHTS OUT |
| 4:00 | LIGHTS OUT | | | | | | |